

IT ONLY TAKES ONE

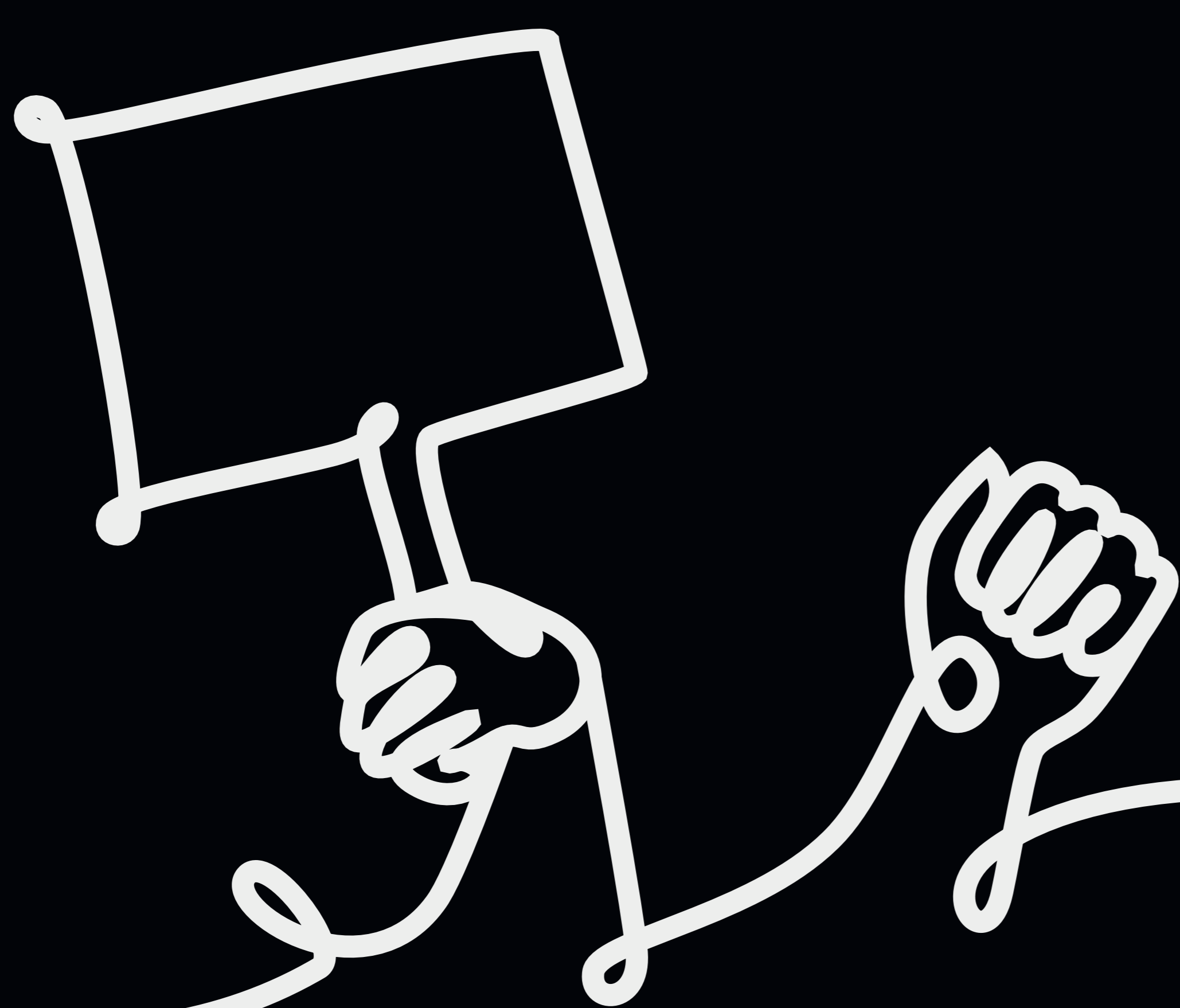
COMMUNITY TO SAY
ENOUGH IS **ENOUGH**

Together, we can put a stop to sexual harassment and assault, and make our community safer.

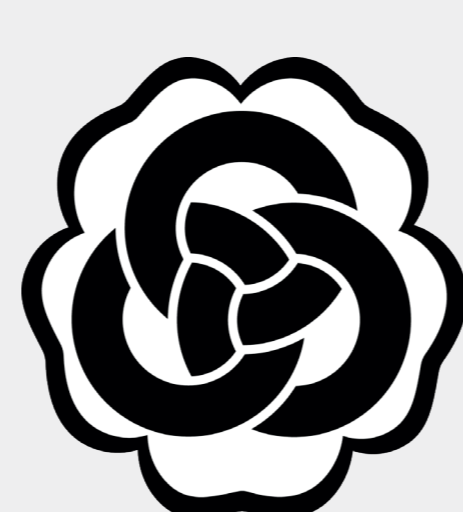
Enough is enough.

Find out how you can help support your community to make this change at

[ItOnlyTakesOne.org.uk](https://www.ItOnlyTakesOne.org.uk)



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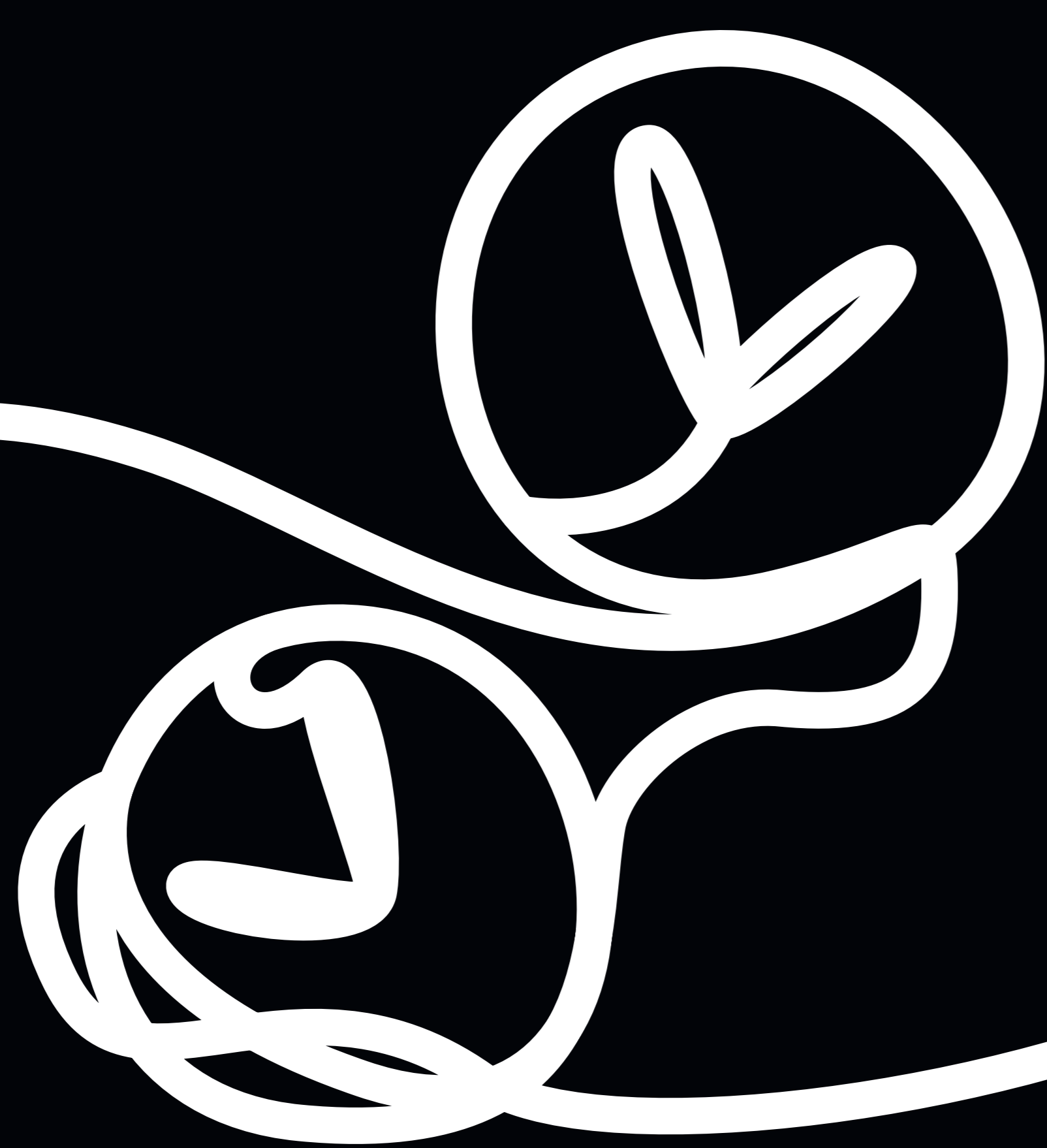
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SECOND TO **CHANGE** YOUR BEHAVIOUR

Make the right choice. That offensive joke you were about to make. That touch you know they don't want. Stop yourself. Don't do it.

Learn more about ending sexual harassment at
[ItOnlyTakesOne.org.uk](https://www.ItOnlyTakesOne.org.uk)



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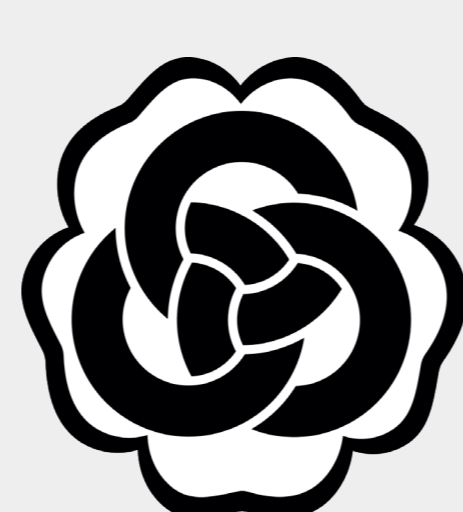
PERSON TO SAY
THIS IS **NOT** OKAY

Speaking up when you see harassment or sexual assault may be hard, but the result of doing nothing is worse.

Learn what to look for at
[ItOnlyTakesOne.org.uk](https://www.ItOnlyTakesOne.org.uk)



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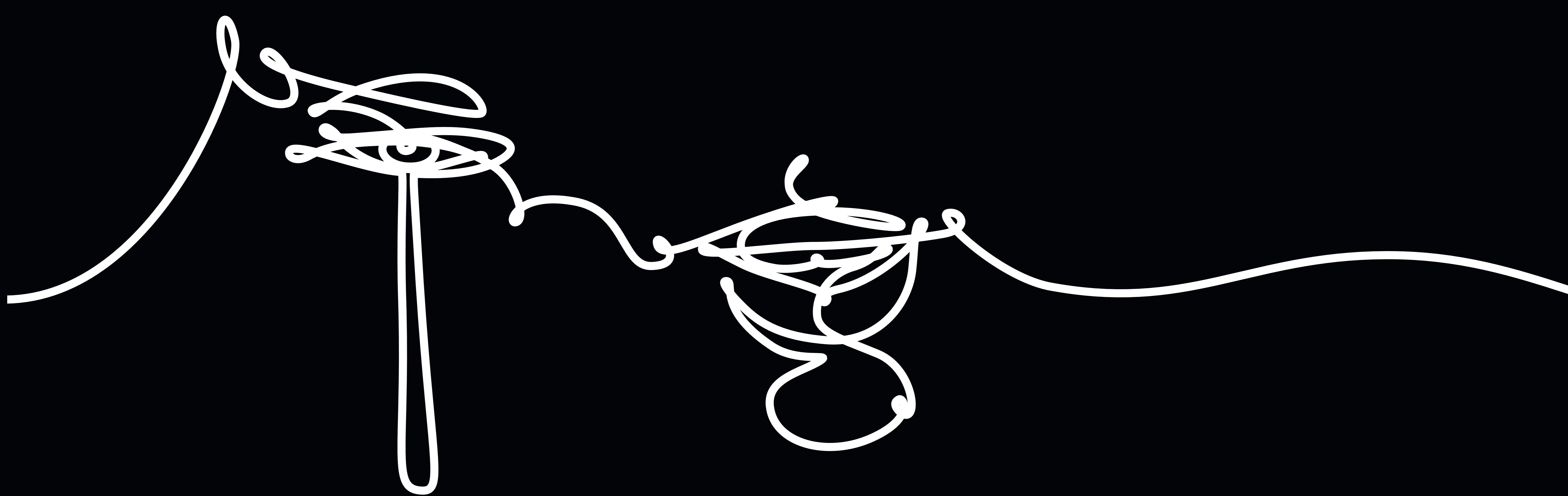
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PERSON TO **ASK** IF THEY'RE ALRIGHT

If you see someone being hassled, check in with them. See if they need help and raise the alarm if they do.

Find out more about safe venue training, safe spaces, night patrol officers, and support in our town centres at [ItOnlyTakesOne.org.uk](https://www.ItOnlyTakesOne.org.uk)



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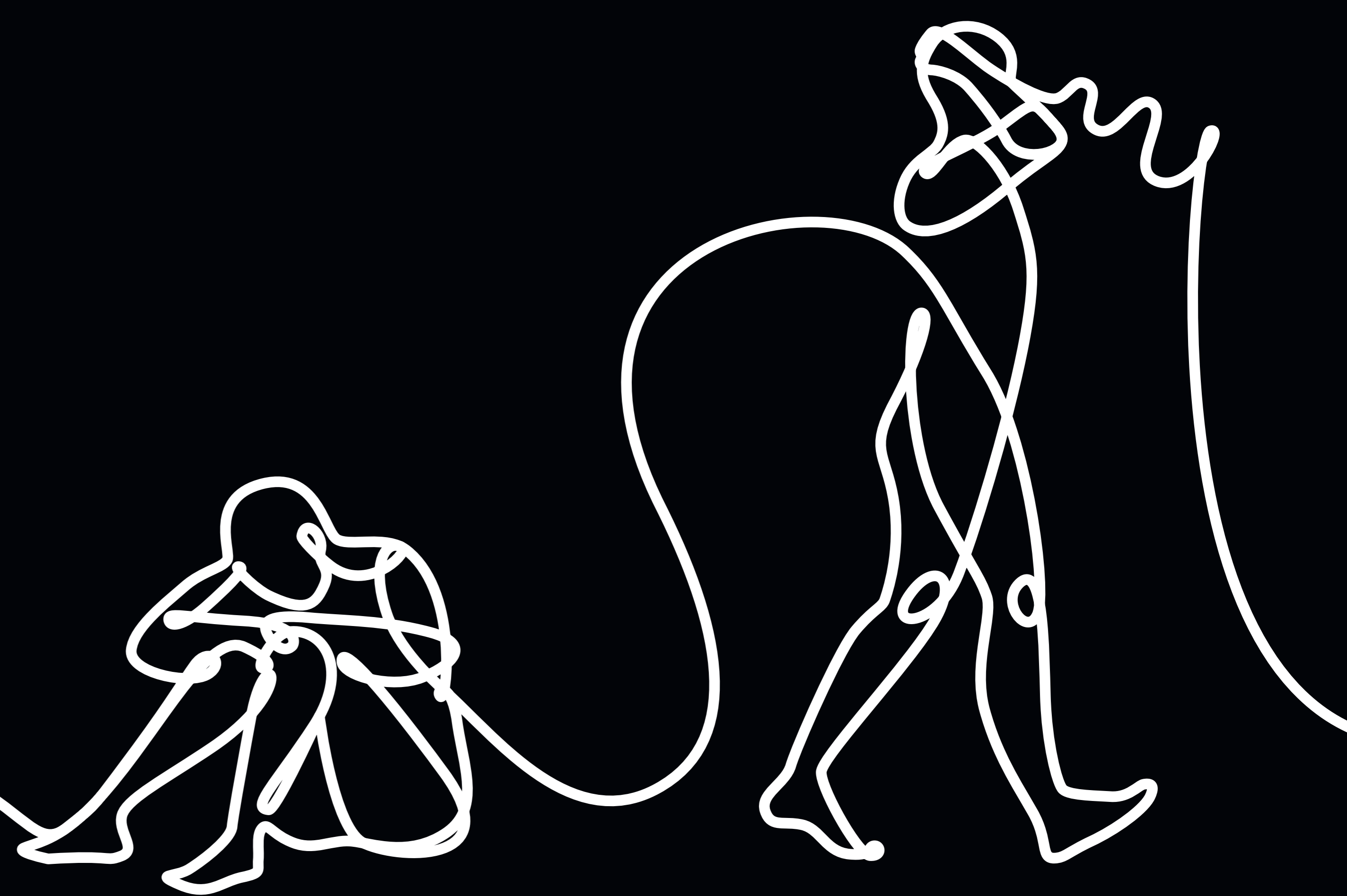
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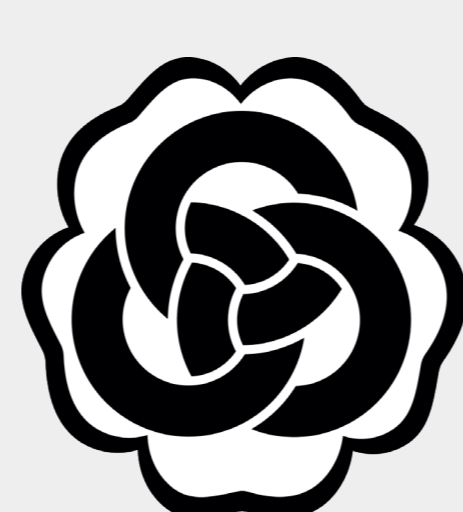
BYSTANDER TO LOOK THE OTHER WAY

Don't turn your back on someone in need. The more people speak up, the better we can prevent sexual harassment and assault, reduce stigma, and tackle misconceptions. Together we can create a safer community.

Find out more about how speaking up can help at
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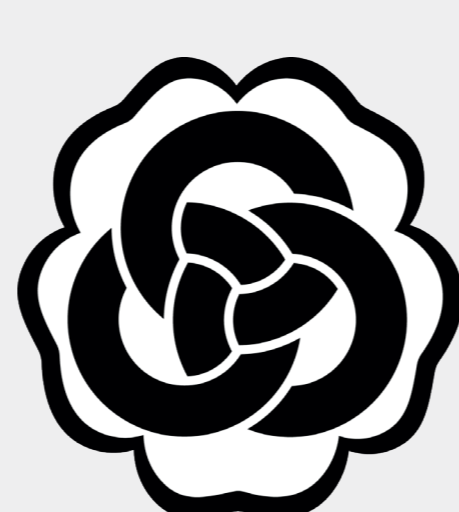
SELFISH ACTION TO RUIN SOMEONE'S LIFE

Harassment and sexual assault are life changing. They need to stop. Consent is enthusiastic, positive, and active. If you're unsure whether you have consent, you don't.

Find out more and get support at [ItOnlyTakesOne.org.uk](https://www.ItOnlyTakesOne.org.uk)



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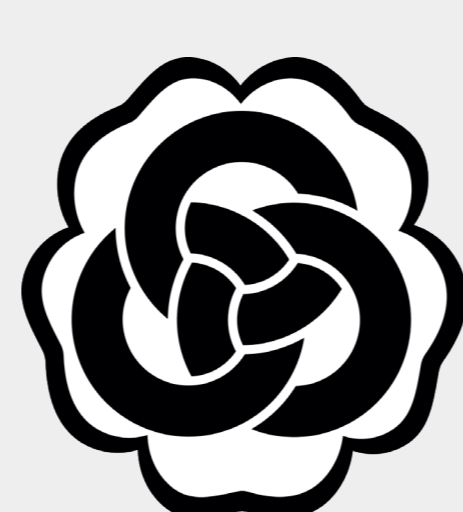
“JOKE” TO NORMALISE SEXUAL AGGRESSION

Inappropriate jokes and sexist comments normalise sexual aggression. Is the uncomfortable laugh you get, worth it?

Find out more about ending sexual aggression at
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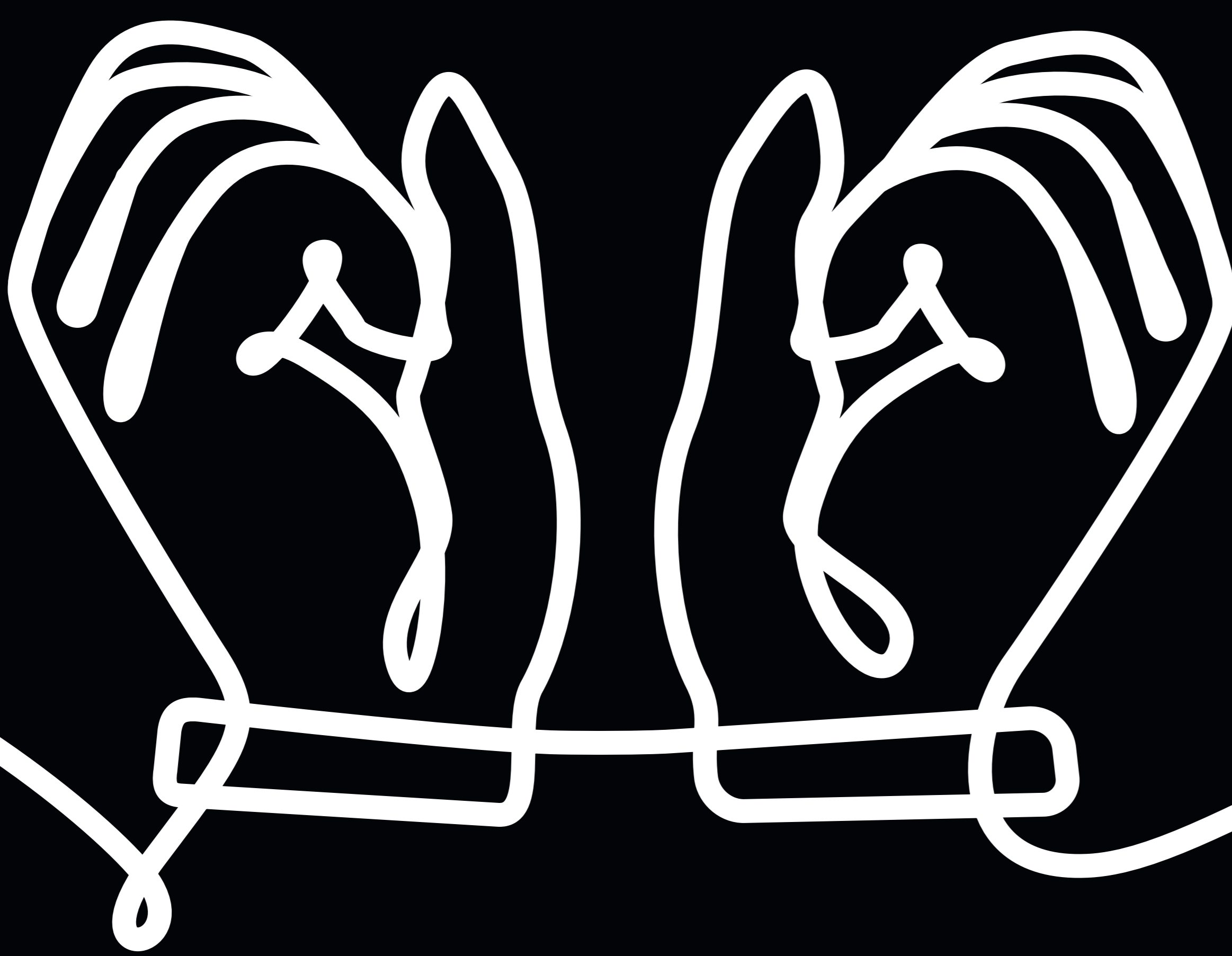
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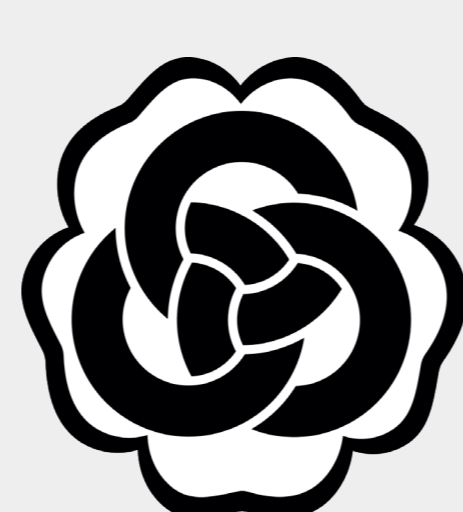
BAD DECISION TO BREAK THE LAW

Harassment and sexual assault are illegal. One bad decision can ruin someone else's life, and make you a criminal.

Find out more about ending harassment and sexual assault at [ItOnlyTakesOne.org.uk](https://www.ItOnlyTakesOne.org.uk)



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